

Mental Health Services

Crisis Services 24-hours/day & 7-days/week:

Local Mental Health Crisis Response:

Mental Health Professionals can come to you.

- Becker County: **1-218-850-4357**
- Clay, Otter Tail & Wilkin Counties: **1-800-223-4512**

Minnesota Crisis Text Line: Text "MN" to 741741

Minnesota Crisis Hotline: Call 274747 (use cell phone)

Suicide & Crisis Lifeline: 988 (call or text)

Minnesota Warmline

651-288-0400

Toll Free: 855-WARMLINE

Text "Support" to 85511

7-Days/week 9:00am – 9:00pm

If you're struggling with your mental health but are not experiencing a mental health crisis or emergency, use the Minnesota Warmline.

Solutions Behavioral Health Professionals

www.solutionsinpractice.org

Alexandria 320-762-5411

512 30th Ave E, Ste 100

Hours: Mon-Fri 8:00am - 5:00pm

Detroit Lakes 218-844-6853

1041 Hawk Street

Hours: Mon-Fri 8:00am – 5:00pm

Fergus Falls 218-998-2992

125 West Lincoln, Suite #3

Hours: Mon-Fri 8:00am – 5:00pm

Moorhead 218-287-4338

1547 30th Ave S

Hours: Mon-Fri 8:00am – 5:00pm

Village Family Services

www.thevillagefamily.org

Alexandria 320-762-8851

4133 Iowa St, Ste 105

Hours: Mon, Wed, Thurs

8:00am- 5:00pm

Tue 8:00am - 8:00pm

Fri 8:00 - 1:00pm

Fargo 701-451-4900

Toll free **1-800-627-8220**

2701 12th Ave S

Hours: Mon, Tue, Thurs

8:00am - 9:00pm

Wed, Fri 8:00am - 5:00pm

Moorhead 701-451-4811

Toll free **1-800-627-8220**

815 37th Ave S

Hours: Mon 8:00am - 5:00pm

Tue 8:00am - 7:00pm

Wed 8:00am - 5:00pm

Thu 8:00am - 6:00pm

Fri 8:00am - 1:00pm

Lakeland Mental Health

www.lmhc.org

Evening hours may be available.

*Memorial Day-Labor Day:

Friday hours 8:00am - 3:00pm*

Alexandria 320-762-2400

702 34th Ave E

Hours: Mon-Fri 8:00am – 5:00pm*

Detroit Lakes 218-847-1676

928 8th St SE

Hours: Mon-Fri 8:00am – 5:00pm*

Fergus Falls 218-736-6987

980 So Tower Rd

Hours: Mon-Fri 8:00am – 5:00pm*

Moorhead 218-233-7524

1010 32nd Ave S

Hours: Mon-Tues 8:00am-7:15pm

Wed-Fri 8:00am - 5:00pm*

Lutheran Social Services

www.lssmn.org

1-888-881-8261

Alexandria

507 22nd Ave E, Ste 1

Hours: Mon-Fri 8:00am - 5:00pm

Detroit Lakes

211 Holmes St W, Ste 302

Hours: Mon-Fri 8:30am – 5:00pm

Fergus Falls

731 Western Ave

Hours: Call for hours

Moorhead

3101 South Frontage Rd, Ste 101

Hours: Mon-Fri 8:00am – 5:00pm



This list provided by:

Child and Teen Checkups 

Becker County	218-847-5628
Clay County	218-299-7221
Otter Tail County	218-385-5505
Wilkin County	218-955-0391

We are here to help you!



Langfeld Counseling
langfeldcounseling.com

Fergus Falls 218-203-0447

116 E Lincoln Avenue

Hours: Tue-Thurs 9:00am – 3:00pm

Catalyst Behavior Solutions

Specializes in Autism

<https://catalystbehavior.com/>

Perham 218-214-9950

735 3rd St SW

Hours: Mon-Fri 8:00am – 5:00pm

Empowering Kids

Perham 218-346-2322

www.empoweringkidsperham.org

231 Fox Street

Hours: Mon-Fri 8:00am - 5:00pm

Peaceful Mind Mental Health

<https://peacefulmindmentalhealth.com>

New York Mills 218-731-8896

118 Main Ave N, Ste 203

Hours: Made by appointment

White Earth Mental Health

White Earth 218-983-6325

26246 Crane Rd

Hours: Mon-Fri 8:00am - 4:30pm

Lakes Crisis & Resource Center

24-hour Crisis Hotline **877-754-9683**

www.lakescrisis.com

Detroit Lakes 218-847-8572

1339 Pelican Ln

Hours: Mon-Fri 8:30am – 4:30pm

Stellher Human Services

www.stellher.com

Free 24-hour Mobile Crisis Response for
adults & children: 1-800-422-0045

Detroit Lakes 218-444-2845

28579 US Hwy 10

Hours: Mon-Fri 8:00am – 5:00pm

Blue Sky Inc

www.blueskyi.info

Detroit Lakes 218-844-7591

Toll free **1-877-722-3013**

801 Roosevelt Ave, Ste 2

Hours: Mon-Fri 8:00am – 5:00pm

**Rural Enrichment and
Counseling Headquarters**

(REACH)

Hawley 218-483-3145

421 5th St

Hours: Mon-Thu 8:00am - 4:30pm

**Birchwood Psychological
Center**

www.birchwoodcounseling.com

Breckenridge 218-643-9330

115 5th St N

Hours: Mon-Fri 8:00am - 5:00pm

Fargo 701-532-1353

3369 39th St S suite 2

Hours: Mon-Fri 8:00am - 5:00pm

West Fargo 701-532-1353

4955 17th Ave S #122

Hours: Mon-Fri 8:00am - 5:00pm

Prairie St Johns

www.prairie-stjohns.com

Fargo 701-476-7200

510 4th St S

Hours: Phone answered 24/7

Rape and Abuse Crisis Center

www.raccfm.com

Fargo 701-293-7273

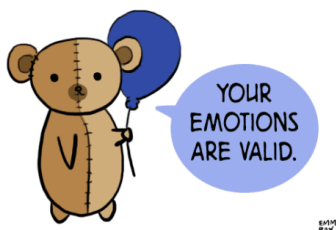
Toll free **1-800-344-7273**

317 8th St N

Office Hours:

Mon-Fri 8:00am - 5:00pm

Phone line answered 24/7



Questions? We are here to help you!

**Child and Teen
Checkups**



Becker County	218-847-5628
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Otter Tail County	218-385-5505
Wilkin County	218-955-0391

For more provider options visit <https://Fast-Trackermn.org>

Please verify clinic is in your healthcare plan network before scheduling an appointment.