



Get prepared.

### What else can I do to prepare?

There is a new public information campaign in Minnesota called code Ready. But code Ready is more than an informational campaign.

We want individuals and families in Minnesota to be ready for an emergency—with a plan and emergency supplies. “code Ready” promotes personal and family preparedness for all kinds of emergencies.

The website has information on how to “Get Informed”, “Get Prepared” and “Get Connected”.

It also contains tools to help you and your family prepare for emergencies, including how to prepare your own family emergency plan and go-kit simply by inserting your own data and allowing code Ready to calculate some of the supplies that you may need to have on hand. There are also links to other web sources that are available for family and individual planning.

Only 1/3 of Americans are ready for a serious emergency.

Check out the web-site at [www.codeready.org](http://www.codeready.org) for more information.

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### Are you ready?

A public health emergency can be anything that causes injuries to a large number of people, or makes them sick all at the same time.

Starting to prepare now, will only make you better prepared in an actual event. Preparing should not be complicated. It needs to be maintained as a part of daily living. There is no right or wrong way to prepare. It is all individual based on your specific needs.

**We are not prepared until all of us are prepared!**

Other web resources:  
Minnesota Dept. of Health

[www.health.state.mn.us](http://www.health.state.mn.us)

Centers for Disease Control (CDC)  
[www.cdc.gov](http://www.cdc.gov)

Homeland Security and Emergency Management  
[www.hsem.state.mn.us/readyMinnesota](http://www.hsem.state.mn.us/readyMinnesota)

Pandemic Flu [www.pandemicflu.gov](http://www.pandemicflu.gov)

American Red Cross [www.redcross.org](http://www.redcross.org)

**Where to call for more information:  
Becker County Community Health  
PO Box 1637, Detroit Lakes, MN  
218-847-5628  
218-847-6738(fax)  
[www.co.becker.mn.us](http://www.co.becker.mn.us)**

**Hoping for the best  
.....ready for the worst!**

Preparing Becker County for  
Pandemic Influenza



**Family Communication Plan  
Do you have one?  
Do you need one?**

There are many disasters that can affect our area. We need to understand that we are vulnerable to a host of them and we need to know how to stay safe during a disaster.

What kind of natural disasters do we face?  
Tornadoes  
Winter Storms  
Power Outages  
Floods  
Fires  
Infectious Disease

A communication plan is more than phone numbers. What if phone lines are down and cell phone towers are jammed? There are many reasons communication may be interrupted. So how do we communicate when all regular systems are down? That’s what planning is all about! How do you communicate with loved ones during a disaster?